



1. **Psalm 34:17-18** - The righteous cry, and the Lord hears, and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves those who are crushed in spirit.
2. **Psalm 42:11** - Why are you in despair, O my soul? And why are you disturbed within me? Hope in God, for I shall yet praise Him, the help of my countenance and my God.
3. **Psalm 147:3** - He heals the brokenhearted and binds up their wounds.
4. **Matthew 11:28-30** - Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.
5. **2 Corinthians 1:3-4** - Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.
6. **Isaiah 41:10** - Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with My righteous right hand.
7. **Jeremiah 29:11** - For I know the plans that I have for you,' declares the Lord, 'plans for welfare and not for calamity to give you a future and a hope.
8. **Philippians 4:6-7** - Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.
9. **John 14:27**- Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.





10. Psalm 30:5 - For His anger is but for a moment, His favor is for a lifetime; weeping may last for the night, but a shout of joy comes in the morning.
11. Romans 15:13 - Now may the God of hope fill you with all joy and peace in believing, so that you will abound in hope by the power of the Holy Spirit.
12. Psalm 55:22 - Cast your burden upon the Lord and He will sustain you; He will never allow the righteous to be shaken.
13. Lamentations 3:22-23 - The Lord's loving kindnesses indeed never cease, for His compassions never fail. They are new every morning; great is Your faithfulness.
14. 1 Peter 5:7 - casting all your anxiety on Him, because He cares for you.
15. Psalm 23:4 - Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me.
16. Psalm 143:7-8 - Answer me quickly, O Lord, my spirit fails; do not hide Your face from me, or I will become like those who go down to the pit. Let me hear Your lovingkindness in the morning; for I trust in You; teach me the way in which I should walk; for to You I lift up my soul.
17. 2 Timothy 1:7 - For God has not given us a spirit of timidity, but of power and love and discipline.
18. Psalm 30:11-12 - You have turned for me my mourning into dancing; You have loosed my sackcloth and girded me with gladness, that my soul may sing praise to You and not be silent. O Lord my God, I will give thanks to You forever.
19. Isaiah 40:31 - Yet those who wait for the Lord will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.
20. Deuteronomy 31:8 - The Lord is the one who goes ahead of you; He will be with you. He will not fail you or forsake you. Do not fear or be dismayed.

